



Contra-Indications.

The following contra-indications are a general overview for all the treatments, where people who suffer from any of these symptoms would be restricted to having a treatment done due to making the injury or infection/condition worse.

- Skin disease or infectious diseases.
- Open cuts or recent operations.
- Bruising or recent haemorrhages.
- Airborne diseases or viruses.
- Inflamed areas or swelling in joints.
- Strains or sprains.
- Fractures.
- Bursitis.
- Blood clots.
- Thrombosis/embolism.
- Varicose Veins.
- Undiagnosed lumps and bumps.
- Pregnant.
- High fever.
- Scalp infections.
- Migraines
- Head or neck injuries.
- Nits.

GP Contra-indications.

- Cancer.
- Cardiovascular diseases.
- Diabetes.
- Epilepsy.
- Nervous system disorder.
- Auto immune disorder.
- HIV/AIDS.
- Hypertension/Hypotension.
- Weakened skin/bone or muscles.
- Haemophilia.
- Menstruation.
- Undiagnosed musculoskeletal disorders.
- Osteoporosis.
- Recent scar tissue.



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If there are any other health issues and you are not sure if it could be a contra-indication to your treatment it would be best to consult your GP before treatment.

If in the consultation I think there should be a referral to your GP, with your consent I will contact your GP to confirm that it's ok for the treatment to go ahead.

If you wish to contact your doctor yourself you will then be required to bring your doctors certificate or letter stating that you're fit and well for a treatment at the next consultation.